

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>CARIBBEAN Jerk Beef Wrap 93156735</p> <p>Carnival Pasta 93156737</p> <p>Sweetcorn 93094208</p>	<p>CHINESE Aromatic Soy Pork with Egg Noodles 93070142</p> <p>Wok Tossed Oriental Vegetables 93130848</p>	<p>MEDITERRANEAN Chicken, Pea & Leek Pasta Bake * 93156791</p> <p>Corn on the Cob 93130897</p>	<p>INDIAN Beef Keema Balti Curry 93153185</p> <p>Naan Bread (no oil) 93034973</p> <p>Cucumber Raita 93142255</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Peas 93065563</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER New Yorker Quorn Dog 93147290</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Ultimate Cheese Burger 93156800</p>	<p>WINGS & THINGS Lemon Piri Chicken Pitta 93156785</p>	<p>DEEP SOUTH DINER Cajun Pulled Pork & Bean Pitta 93147141</p>
	<p>Black Eyed Bean Veggie Burger 93132515</p>	<p>Smoky Cauliflower Cheese 93156770</p>	<p>Sweet Potato & Squash Stew 93101314</p>	<p>Veg & Bean Quesadilla 93086623</p>	<p>Veggie Quarter Pounder 93129224</p>
	<p>Cajun Wedges (no oil) 93157065</p>	<p>Garlic Bread* (no oil) 93154277</p>	<p>Paprika Wedges (no oil) 93130895</p>	<p>Tomato and Herb Rice 93153904</p>	<p>Chips (oil) 93124814</p>
	<p>Chop Chop Salad 93153242</p>	<p>BBQ Beans 93129227</p>	<p>Peas 93065563</p>	<p>Caesar Salad 93129328</p>	<p>Pineapple Coleslaw 93154276</p>
SPEEDY ITALIAN	<p>Veggie Supreme Pizza (v) 93135569</p>	<p>Bacon Pizza 93041401</p>	<p>Hawaiian Pizza 93128494</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Veggie Hot One Pizza (v) 93128498</p>
	<p>Veg Bolognese Pasta (v) 93102889</p>	<p>Arrabiata Pasta (v) 93147953</p>	<p>Beef Lasagne 93046483</p>	<p>Chunky Vegetable Pasta 93137661</p>	<p>Herby Tomato Pasta (v) 93147954</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>



GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	CHINESE Chicken Hakka Noodles 93156738 Broccoli 93143358	MEXICAN Baked Beef Chimichangas 93153733 Cajun Wedges (no oil) 93157065 Streetcorn Salad 93153734	BRITISH Roast Pork 93098927 Roast Potatoes (oil) 93035127 Seasonal Cabbage 93143359 Carrots 93065561 Gravy 93034775	JAPANESE Chicken Katsu Curry 93142170 Pineapple Rice 93156734 Pickled Cucumber Salad 93128253	MEDITERRANEAN Mackerel Nicoise Salad *** 93156789 (oily fish) Garlic Bread * (no oil) 93154277
HIGH STREET FAVES	WINGS & THINGS Chicken Mayo Burger 93153888	WINGS & THINGS Cajun Chicken with Salsa 93070143	DEEP SOUTH DINER Beef Burger 93129200	DEEP SOUTH DINER Chipotle Bbq Pork 93080520	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941
	Halloumi & Roasted Vegetable Wrap 93131405	Boston Bean Casserole 93130977	Sweet Potato & Black Bean Enchilada 93129220	BBQ Quorn and Vegetable Skewer 93153889	Quorn Sausage Pattie & Cheese Bun 93133732
	Paprika Wedges (no oil) 93157066	Wholegrain Rice * 93109633	Baked Garlic & Herb Wedges (no oil) 93157067	Garlic Bread* (no oil) 93154277	Chips (oil) 93124814
	American Style Slaw 93101975	Red Slaw 93130896	BBQ Beans 93129227	Corn on the Cob 93130897	Apple Slaw 93129265
SPEEDY ITALIAN	Veggie Hot One Pizza (v) 93128498	Chicken Supreme Pizza 93128497	Veggie Supreme Pizza (v) 93135569	Bacon Pizza 93041401	Sicilian Cheese & Tomato Pizza (V) 93137894
	Arrabiata Pasta (v) 93147953	Herby Tomato Pasta (v) 93147954	BBQ Chicken Pasta* 93147137	Beef Lasagne 93046483	Italian Chicken Pasta 93147955
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEXICAN Chicken Molay 93156759</p> <p>Mexican Yellow Rice * 93156761</p> <p>Green Beans 93153275</p>	<p>INDIAN Curried Pulled Pork Flatbread 93127996</p> <p>Spiced Sweet Potato 93157069</p> <p>Crunchy Vegetable Salad 93080521</p>	<p>MEDITERRANEAN Beef Stifado 93156762</p> <p>Summer Cous Cous 93156765</p> <p>Lemon & Herb Courgette 93156766</p>	<p>THAI Chicken Pad Khing 93156732</p> <p>Broccoli 93143358</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER Beef Chilli 93129204</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Quorn Cheese Burger 93153364</p>	<p>WINGS & THINGS Smoky BBQ Chicken and Boston Bean Wrap 93154280</p>	<p>DEEP SOUTH DINER New York Hot Dog 93142777</p>
	<p>Black Eyed Bean and Vegetable Jambalaya 93153886</p>	<p>Sweet Potato Bean Burger 93156768</p>	<p>Loaded Triple Mac 'N' Cheese 93129233</p>	<p>Sweetcorn Chickpea Veggie Burger 93153900</p>	<p>Cajun Veg & Bean Burrito 93148008</p>
	<p>Garlic Bread * (no oil) 93154277</p>	<p>Carnival rice 93153903</p>	<p>Baked Garlic & Herb Wedges (no oil) 93157067</p>	<p>Paprika Wedges (no oil) 93157066</p>	<p>Chips (oil) 93124814</p>
	<p>Southern Greens 93154278</p>	<p>Corn Slaw 93153240</p>	<p>BBQ Beans 93129227</p>	<p>Chop Chop Salad 93153242</p>	<p>House Slaw 93129626</p>
SPEEDY ITALIAN	<p>Veggie Hot One Pizza (v) 93128498</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Mushroom & Sweetcorn Pizza (v) 93147170</p>	<p>Sicilian Cheese & Tomato Pizza (V) 93137894</p>	<p>Cajun Chicken Sizzler Pizza 93128496</p>
	<p>Cheesy Penne Pasta (v) 93143814</p>	<p>Chicken And Tomato Pasta Bake 93102883</p>	<p>Carbonara Pasta 93137662</p>	<p>Herby Tomato Pasta (v) 93147954</p>	<p>Beef Bolognaise 93102799</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>