WEEK 1 THIS WEEK'S MENU

W/C: 13/04/2026, 04/05/2026, 25/05/2026, 15/06/2026, 06/07/2026, 27/07/2026, 17/08/2026, 07/09/2026, 28/09/2026, 19/10/2026

	OPTION ONE	OPTION TWO
MON		FAVOURITES
	CHEESE AND BEAN TOASTIE with Garlic and Herb Wedges and Vegetables (VE)	**MAC & CHEESE** with Vegetables (V)
TUE	SPICE IS NICE	
	CHICKEN KORMA with Rice, Turmeric Bread and Salad	**VEGETABLE TIKKA MASALA** with Rice and Vegetables (VE)
WED	PITTA REPUBLIC	PITTA REPUBLIC
	PERSIAN PORK BITE PITTA with Salad	**LOADED TAGINE PITTA** with Salad (V)
THUR	FAVOURITES	FAVOURITES
	CHILLI CON CARNE with Rice and Vegetables	**VEGAN CHILLI** with Rice and Chipotle Sweetcorn (VE)
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES
	SOUTHERN FRIED CHICKEN GOUJONS OR PIZZA with Chips and Baked Beans or Peas	**BBQ QUORN BITES** with Chips and Baked Beans or Peas (VE)

GRAB & GO

HOT DISHES:

Paninis, Pittas and Burritos (H)
Pasta and Sauces (H)
Freshly Baked Pizza (H)
Jacket Potato and Toppings (V) (VE)

SALADS:

Pasta Pots (V) (VE) (H)
Salad Shakers (V) (VE) (H)

SNACKS:

Fruit Pots (VE)
Cake Slices
Dessert Pots and Bars
Cookies and Biscuits (VE)

THE DELI:

Variety of fillings offered in: (V) (VE) (H)
Wraps
Baguettes
American Floured Rolls
Sandwiches

Nutritionist's Choice · (V) Vegetarian · (VE) Vegan · Oily Fish · Wholegrain

Our menu is subject to change.

AW25 SEC CORE_018710

SS26

COM2616.013 Food Union Spring-Summer Core Menu A3-Print AW.indd 1 17/11/2025 14:27

WEEK 2 THIS WEEK'S MENU

W/C: 20/04/2026, 11/05/2026, 01/06/2026, 22/06/2026, 13/07/2026, 03/08/2026, 24/08/2026, 14/09/2026, 05/10/2026

	OPTION ONE	OPTION TWO
MON	BURGER BAR **BBQ CHICKEN BURGER** with Garlic and Herb Wedges and Salad	BURGER BAR **SMASHED MEXICAN BEAN BURGER** with Garlic and Herb Wedges and Salad VE
TUE	SPICE IS NICE **THAI RUBBED PORK** with Vegetable Rice, Salad and Asian Gravy	FAVOURITES **URBAN VEGAN DOG** with Garlic and Herb Wedges and Salad VE
WED	PITTA REPUBLIC **TIKKA CHICKEN PITTA** with Sweetcorn	PITTA REPUBLIC **POTATO, PEPPER AND MELTED CHEESE PITTA** with Sweetcorn V
THUR	STREET **CHICKEN SHAWARMA** with Kebab Salad and Sweet Chilli Mayo	STREET **SATAY VEGETABLE NOODLES** VE
FRI	FRIDAY FAVOURITES **SOUTHERN FRIED CHICKEN GOUJONS OR PIZZA** with Chips and Baked Beans or Peas	FRIDAY FAVOURITES **KATSU DIPPERS** with Chips and Baked Beans or Peas VE

GRAB & GO

HOT DISHES:

Paninis, Pittas and Burritos H
Pasta and Sauces H
Freshly Baked Pizza H
Jacket Potato and Toppings V VE

SALADS:

Pasta Pots V VE H
Salad Shakers V VE H

SNACKS:

Fruit Pots VE
Cake Slices
Dessert Pots and Bars
Cookies and Biscuits VE

THE DELI:

Variety of fillings offered in: V VE H
Wraps
Baguettes
American Floured Rolls
Sandwiches

Nutritionist's Choice · V Vegetarian · VE Vegan · Oily Fish · Wholegrain

Our menu is subject to change.

COM2616.013 Food Union Spring-Summer Core Menu A3-Print AW.indd 1 17/11/2025 14:27

WEEK 3 THIS WEEK'S MENU

W/C: 27/04/2026, 18/05/2026, 08/06/2026, 29/06/2026, 20/07/2026, 10/08/2026, 31/08/2026, 21/09/2026, 12/10/2026

	OPTION ONE	OPTION TWO
MON	BURGER BAR **DOUBLE BEEF BURGER** with Spiced Wedges and Salad	FAVOURITES **CHEESE AND BEAN TOASTIE** with Garlic and Herb Wedges and Vegetables VE
TUE	STREET **JERK CHICKEN** with Rice and Peas	STREET **MIXED BEAN CHILLI** with Rice, Peas and Crunchy Tortilla VE
WED	PITTA REPUBLIC **TEX MEX CHICKEN PITTA** with Salad	PITTA REPUBLIC **MORROCAN SPICED VEGETABLE PITTA** with Salad V
THUR	**BEEF LASAGNE** with Margherita Pizza Pinwheel and Salad	**VEGETARIAN LASAGNE** with Margherita Pizza Pinwheel and Salad V
FRI	FRIDAY FAVOURITES **SOUTHERN FRIED CHICKEN GOUJONS OR PIZZA** with Chips and Baked Beans or Peas	FRIDAY FAVOURITES **BBQ QUORN BITES** with Chips and Baked Beans or Peas VE

GRAB & GO

HOT DISHES:

Paninis, Pittas and Burritos H
Pasta and Sauces H
Freshly Baked Pizza H
Jacket Potato and Toppings V VE

SALADS:

Pasta Pots V VE H
Salad Shakers V VE H

SNACKS:

Fruit Pots VE
Cake Slices
Dessert Pots and Bars
Cookies and Biscuits VE

THE DELI:

Variety of fillings offered in: V VE H
Wraps
Baguettes
American Floured Rolls
Sandwiches

Nutritionist's Choice · V Vegetarian · VE Vegan · Oily Fish · Wholegrain

Our menu is subject to change.

AW25 SEC CORE_018710

COM2616.013 Food Union Spring-Summer Core Menu A3-Print AW.indd 1 17/11/2025 14:27